



# September 2021

## Delhi Middle School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Beef Walking Taco</b> Goldfish Crackers Seasoned Black Beans Corn Peaches Milk	<b>Chicken Alfredo</b> <b>With Garlic Bread Stick</b> Broccoli Carrots SideKicks Frozen Cup Milk	<b>Mini Pancakes</b> <b>And Turkey Sausage Patties</b> Tri Taters Green Beans Raspberry Lemonade Craisins Milk	<b>Chicken Tenders With Roll</b> <b>-OR-</b> <b>Spicy Chicken Tenders With Roll</b> Mashed Potatoes and Gravy Corn Mixed Fruit Cup Milk	<b>Big Daddy Pizza</b> Cucumbers With Ranch Dressing Cherry Tomatoes Gala Apples Milk
<b>NO SCHOOL</b> <b>LABOR DAY HOLIDAY</b>	<b>Cincinnati Style 3 Way Chili Bowl</b> <b>With Cinnamon Roll</b> Oyster Crackers Kidney Beans Green Beans Pears Milk	<b>Grilled Cheese</b> <b>-OR-</b> <b>Steak Hoagie</b> Campbell's Tomato Soup Hash Brown Rounds Strawberry Cup Milk	<b>Chicken and Waffles</b> Broccoli Corn Strawberry Banana Applesauce Cup Milk	<b>Big Daddy Pizza</b> Celery With Ranch Dressing Crunchy Carrots SideKicks Frozen Cup Milk
<b>Corn Puppies</b> Baked Beans Green Beans Oven Baked Curly Fries Orange Slices Milk	<b>Spaghetti and Meatballs</b> <b>With Garlic Breadstick</b> Broccoli Carroteenes Raspberry Lemonade Craisins Milk	<b>French Toast Sticks</b> <b>And Turkey Sausage Patties</b> Tater Tots Mixed Vegetables Peaches Milk	<b>Chicken Tenders With Roll</b> <b>-OR-</b> <b>Spicy Chicken Tenders With Roll</b> Mashed Potatoes and Gravy Corn SideKicks Frozen Cup Milk	<b>Big Daddy Pizza</b> Cucumbers With Ranch Dressing Cherry Tomatoes Red Delicious Apple Milk
<b>Chicken Nuggets With Roll</b> <b>-OR-</b> <b>Mashed Potato Bowl With Roll</b> Mashed Potatoes and Gravy Corn 100% Fruit Juice Milk	<b>Cincinnati Style 3 Way Chili Bowl</b> <b>With Cinnamon Roll</b> Oyster Crackers Kidney Beans Broccoli Cinnamon Applesauce Cup Milk	<b>Macaroni and Cheese With Roll</b> <b>-OR-</b> <b>Steak Hoagie</b> Potato Wedges Carroteenes SideKicks Frozen Cup Milk	<b>Chicken and Waffles</b> Green Beans Corn Strawberry Cup Milk	<b>Big Daddy Pizza</b> Celery With Ranch Dressing Crunchy Carrots Mandarin Oranges Milk
<b>Beef Walking Taco</b> Goldfish Crackers Black Beans Corn Salsa Peaches Milk	<b>MARCO'S PIZZA DAY!</b> Broccoli Carrots SideKicks Frozen Cup Milk	<b>Mini Pancakes</b> <b>And Turkey Sausage Patties</b> Tri Taters Green Beans Raspberry Lemonade Craisins Milk	<b>Chicken Tenders With Roll</b> <b>-OR-</b> <b>Spicy Chicken Tenders With Roll</b> Mashed Potatoes and Gravy Corn Mixed Fruit Cup Milk	<b>OFFER vs SERVE</b> The Five Meal Components for School Lunch Choose <b>at least 3</b> including: 1 Grains 2 Meat or Protein 3 Milk 4 Fruits 5 Vegetables - ½ Cup of <b>Fruits or Vegetables</b> - At Least 2 <b>Other Food Groups</b> For best nutrition, <b>CHOOSE ALL 5</b>

**Offered Daily:** Hamburger, Cheeseburger, Chicken Patty, Hot-N-Spicy Chicken Patty, Premium Chicken Sandwich, Grilled Chicken Sandwich, Jumbo Pretzel w/ Cheese, Nacho Chips w/Cheese, 2 Varieties of Pizza, PB&J Sandwich, and Assorted Cold Sandwiches.

**Additional Fruits, Vegetables, Assorted Cold Sandwiches and Salads Offered Daily.**

*Menu Subject To Change Daily*

**Offered:** Monday: Grilled Cheese  
 Tuesday: Hot Dog  
 Wednesday: Cheese Filled Bread Sticks  
 Thursday: Corn Dog  
 Friday: Fish Sandwich

*This institution is an equal opportunity provider.*